

Low Light Houseplants

All plants need some form of light. Natural is preferred but you can supplement with grow lights. Your plants will try to acclimate with the light that is provided but most in low light will survive instead of thrive. Keep in mind for plants, Light = Food. Leggy plants, big spaces between leaves, slow growth, and loss of variegation/color are indications that the light is too dim.

A reminder with lower light you will need to water less especially in winter.

What is low light?

- A North facing window.
- A shaded East facing window or plants far away from an East facing window.
- Grow lights positioned far away from plant.
- Grow lights only on a few hours a day.
- Over 10 feet away from unobstructed South or West facing windows.
- Dark corners in a medium light room.

Below are plants that can adapt to lower light conditions:

- Aglaonema – greener varieties
- Boston Fern
- Jester Fern
- Peace Lily – may not bloom
- *Philodendron cordatum*
- Pothos
- Selaginella
- Sansevieria
- ZZ Plant